

- An apple
- · Compost or soil
- A yoghurt pot or similar-sized container (ask a grown-up to poke holes in the bottom for you)
- A loo roll (minus the toilet paper)
- A paper towel or kitchen roll
- A small plastic (e.g. sandwich) bag or pocket



Eat your apple. Chomp. Chomp. Dribble.

Step 2

Put your pips on the paper towel and let them dry. Wrap the pips up in the towel.

Step 3

Put a few drops of water onto the paper towel/kitchen roll, or dip the package in a cup of water, so that it is damp but not soaking wet. Put the pips and the paper towel package into the bag. Put your bag in the fridge and trick the pips into thinking that it is winter.

Step 4

Wait. You can check on your bag sometimes and add a bit more water to keep it damp, but the next bit takes six to ten weeks. Zzzzzzzz. Eventually, you should see the seeds crack and a root shoot appear.

Step 5

Fill your yoghurt pot with compost or soil (make sure your grownup put those holes in the bottom) and pop your shooting apple pips in, about a fingernail length below the surface.

Place it in a warm, light spot, like on a windowsill, and watch it grow. Water every few days.

Step 6

When your tiny tree has two sets of leaves, transplant it. Cut the toilet roll in half and pinch the bottom to make a tiny, biodegradable pot, then gently move the seedling in, with its roots.

Keep this inside for a bit longer until it grows stronger, or plant it straight outside in the ground, or in a big garden pot in a sunny spot.

Step 7

Watch your tree grow! An apple tree grown from seed might not bear edible fruit (at least not until you are a teenager) but it will provide shelter and important habitat for animals, insects and birds.

